

# Compas de Nicaragua

## Required and Recommended Immunizations

The following immunizations are **required/recommended** for all Compas' Internship participants. Compas follows the Centers for Disease Control and Prevention (CDC) guidelines in establishing participant vaccine requirements. For more information, consult your doctor or visit the CDC web page: [www.cdc.gov](http://www.cdc.gov). The cost of immunizations is not covered in the participation fee. (Immunizations should be about \$100 for each participant. Contact your insurance company; some or all of these costs may be covered)

<b>Tetanus/ Diphtheria</b>	<i>Recommended</i> for all Participants	One booster dose is required if the participant has not had a booster within the last 10 years, (assuming a full series had been completed previously).
<b>Measles/Mumps Rubella</b>	<i>Recommended</i> for all Participants	Participants are required to have had 2 doses of the measles vaccine. This may be either the initial MMR and one measles or 2 MMR.
<b>Typhoid Fever</b>	Required for all Participants	Participants can receive either an oral vaccine, (4 capsules taken over 8 days) or an injection, to be received at least three weeks before departure.
<b>Hepatitis A</b>	Required for all Participants	Either Gamma Globulin or Hepatitis A vaccine may be given (Hep A vaccine is preferred). Each provide adequate protection. Gamma globulin is given right before departure to the field. The Hep A vaccine should be given at least two weeks before departure to the field. A booster shot of Hep A may be given 6-12 months following the initial injection (this may be administered after the summer program). Gamma Globulin is in short supply nationwide and may not be available in your area.
<b>Malaria</b>	Required for participants	Participants should receive <b>chloroquine</b> phosphate (Aralen). Both types of prophylaxis are in the form of oral medication taken once weekly, beginning two weeks before potential exposure, each week during potential exposure and for four weeks following potential exposure. Participants should consult their doctors regarding the appropriateness of these drugs for them. Some participants may have allergies that necessitate other medication. One alternative is to take doxycycline 100mg a day while in country, and for 4 weeks after.
<b>Tuberculosis (TB) skin test</b>	<i>Recommended</i> for all participants	Participants should inform their physician's that they will be living in rural or urban areas in Latin America and should have a TB skin test <b>BEFORE</b> and <b>AFTER</b> participating in the field program.
<b>Hepatitis B</b>	<i>Recommended</i> for all participants	The American Academy of Pediatrics and Academy of Family Practice recommends that all adolescents be vaccinated for Hepatitis B. <b>Participants should discuss the Hepatitis B vaccine with their physician.</b>